

In gentle remembrance of all that is worth remembering.
Arms crossed on chest and hands rested on shoulders like folded wings.
Disclose to us Thy Divine Light 11x's

The Prayer of Light of Muhammad, the Du'a an-Nur, which it is said that Mevlana recited every morning.

O God! Grant me Light in my heart, Light in my grave,
Light in front of me, Light behind me,
Light to my right, Light to my left,
Light above me, Light below me,
Light in my ears, Light in my eyes,
Light on my skin, Light in my hair,
Light within my flesh, Light in my blood, Light in my bones.

O God! Increase my Light everywhere.

O God! Grant me Light in my heart,
Light on my tongue, Light in my eyes, Light in my ears,
Light to my right, Light to my left,
Light above me, Light below me,
Light in front of me, Light behind me,
and Light within my self; increase my Light.

Mevlana demonstrated how with that Light we can witness the deep Spirit within everything.

He encourages us in the Mathnawi V:297, 298]

Be like an eye. Feed on the Light.
Make glorification of God your food.

Ya Nur: The invocation of Divine Light. We pray, *Divine Light, teach us that the day's sun surely sets at night, but the hearts' sun will never disappear.*